

HILARY SEYMOUR, CRNA

Hilary Seymour, SRNA
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(207) 406-4060 • hiltom2004@gmail.com

Profile

Upon graduation in November, I would like to have a full time, new graduate position at Littleton hospital. I have had excellent didactic and clinical experiences that will make me a strong CRNA and a compliment to any practice.

Education

Masters of Science in Nurse Anesthesia – November 2013 (anticipated)

- University of New England, Portland, Maine

Bachelors of Science in Nursing – December 2004

- Shenandoah University, Winchester, Virginia
- Mary Jane McCone Excellence in Nursing Practice Award
- Sigma Theta Tau - Nursing Honors Society

Bachelors of Arts in Anthropology – May 1997

- College of William and Mary, Williamsburg, Virginia
- Lambda Alpha – Anthropology Honors Society

Employment History

- Trauma ICU RN - Inova Fairfax Hospital, 3300 Gallows Road, Falls Church, VA 22042 (10/2008-10/2010)
 - Member of the Code Blue trauma response team
 - Assessment and total care of trauma, neuro & surgical patients
 - Invasive monitoring techniques: arterial lines, central lines, PA catheters, ventriculostomies
 - Respiratory care of patients: assessment of ventilator settings, care of endotracheal tubes and tracheostomies
 - Titration of vasoactive agents, sedatives and paralytics
- Operating Room RN - Inova Loudoun Hospital, 44045 Riverside Parkway, Leesburg, VA 20176 (1/2005-10/2008 & 10/2010-7/2011)
 - Circulating and scrub nurse with CNOR certification
 - Charge nurse and preceptor responsibilities
 - Trained in intraoperative process: pre-op interview, intra-op patient care, patient recovery & patient education
- Surgical Services Patient Care Technician - Inova Loudoun Hospital, 44045 Riverside Parkway, Leesburg, VA 20176 (1/2002-12/2004)
 - Stocked and maintained pre-op holding and recovery room supplies
 - Obtained pre-operative vital signs, lab samples and ECGs
 - Assisted with patient discharge

Clinical experience

- Cardio-thoracic
- Dental
- Endoscopy
- ENT (Eyes)
- General surgery
- Neuro
- OB/Gyn
- Orthopedics
- Pediatrics
- Plastics
- Urology
- Vascular

Central Maine Medical Center, Lewiston, ME (primary clinical site: May 2012 to present)

Jim Osgood, CRNA, Clinical Coordinator

- Developed and honed my basic anesthesia skills in general anesthesia, monitored anesthesia care & regional anesthesia
- Demonstrated proficiency in technical anesthesia skills
- Articulated my growing knowledge base and applied it to the clinical setting

Portland Plastic Surgery Center, Portland, ME (May 2013)

Carrie Frederick, MD, Clinical Coordinator

- Learned unique total intravenous anesthesia techniques (no narcotics, no volatile anesthetics)
- Experienced a solo anesthesia provider, office based practice

Dartmouth-Hitchcock Medical Center, Lebanon, NH (March & April 2013)

Heather Sabourin, CRNA, Clinical Coordinator

- Advanced my basic anesthesia skill set
- Unique opportunities include anesthesia for electroshock therapy and pediatric pain-free clinic

Northeastern Vermont Regional Hospital, St. Johnsbury, VT (December 2012 & January 2013)

Becky Barski, CRNA, Clinical Coordinator

- Gained confidence in independent practice techniques
- Advanced my regional anesthesia skills

Parkview Adventist Medical Center, Brunswick, ME (October & November 2012)

Bill Wink, CRNA, Clinical Coordinator

- Learned basic independent practice techniques
- Developed pediatric anesthesia techniques
- Established thorough pre-operative interview techniques

Certifications & licensure

- Registered Nurse – Maine # RN63755 (2013 – present)
- Registered Nurse – Virginia # 0001194369 (2005 – 2013)
- Certified in ACLS, PALS, BLS (expires 2015)

References

- Jim Osgood, CRNA – Clinical coordinator at Central Maine Medical Center, Lewiston, ME
 - 207-232-0645
 - cmmcclinicalcoordinator@gmail.com
- Carrie Frederick, MD – Professor at University of New England & Clinical coordinator at Portland Surgery Center, Portland, ME
 - 207-232-5710
 - 12 Aspen Crest, Cumberland, ME 04021
 - pfreder1@maine.rr.com

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Promoting patient safety by enhancing provider quality.

Hilary H Seymour, MSNA, CRNA

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Congratulations!

You have successfully completed all NBCRNA requirements for recertification of your nurse anesthetist credential.

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The National Board of Certification & Recertification for Nurse Anesthetists verifies that this individual has met the requirements for recertification of the credential, Certified Registered Nurse Anesthetist (CRNA).

NAME

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CERTIFICATION #	EFFECTIVE DATE	EXPIRATION DATE
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This card becomes invalid upon the date of expiration or if the holder fails to maintain NBCRNA recertification. Recertification can be verified at portal.nbcna.com/credential-verification

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